



Practical Action Nepal





The Problem...

Due to the cold, families in Nepal are forced to use fires for heating and cooking indoors.





Smoke - the killer in the kitchen.

Household smoke causes the death of almost a million children and babies a year. That's more deaths than malaria causes.

The effect of household smoke on their lungs is the same as making them smoke 40 cigarettes every single day.





The Practical Action...

Smoke hoods and improved stoves were introduced to nearly 800 households in two districts of Nepal by Practical Action.

3100 other households in that area were made aware of the health risks of indoor smoke.

Improved stove design means a more efficient use of wood fuel for cooking.

The smoke hood channels up to 80% of the smoke up and out of the house, resulting in a more healthy living environment.







The Benefits...

Mr Gurung used to work as an unskilled labourer. After training with Practical Action he now leads a team of four labourers manufacturing and installing smoke hoods; his daily income has more than doubled.





“There was so much smoke – too much to describe. I am very happy as I now know smoke is harmful and that Practical Action is helping us get rid of it.”
– Lemma Paning.



